

# Get Connected. Stay Connected.

## Create Your Account

You can choose to create your account by:

### During Registration

A registration representative can send you an invitation to your personal email address. Follow the instructions in the email to create your **My Health Records** account.

### Self-Enrollment

If you have been a patient at the hospital or any of its satellite facilities, you can create your account without an invitation.

To self-enroll, go to SARH.org, then click on the **My Health Records** button (upper right corner), and follow the prompts.

Please note, you will be prompted for a personal identifier (such as your email or social security number) to complete the account set-up.

## Questions?

If you have questions or need assistance with creating a **My Health Records** account, please call 909.694.1088 or email [MyHealthRecords@sarh.org](mailto:MyHealthRecords@sarh.org).

## About San Antonio Regional Hospital

San Antonio Regional Hospital in Upland, California, is a 363-bed, nonprofit, acute care hospital that combines excellent clinical care with exceptional compassion. The award-winning hospital offers a comprehensive range of general medical and surgical services, along with the latest technological advances in cardiac care, cancer care, orthopedics, neurosciences, women's health, maternity and neonatal care, and emergency services.

Since 1907, San Antonio Regional Hospital has emerged as a premier regional medical facility with satellite locations across the rapidly expanding Inland Empire. The opening of its new Vineyard Tower represents the culmination of a major expansion project that added a new 52-bed emergency department and a 92-bed patient tower comprised of 80 private rooms and 12 critical care beds on its main hospital campus. The expansion has positioned San Antonio as a hospital of the future, offering state-of-the-art healthcare services in a healing environment that is focused on the patient and family. To learn more, visit SARH.org.



**SAN ANTONIO**  
REGIONAL HOSPITAL

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**SAN ANTONIO** REGIONAL HOSPITAL  
*My Health Records*



**My Health Records**  
(Patient Portal)



**SAN ANTONIO REGIONAL HOSPITAL**  
*My Health Records*

## My Health Records

**My Health Records** is a secure, online site that allows you to easily access your electronic health information, empowering you to become an active participant in the care you receive at San Antonio Regional Hospital.

Once you have set up your personal account, you can access **My Health Records** anywhere you have access to the internet – at home, work, or school.

**My Health Records** is HIPAA compliant and provides you with the ability to securely view, store, and share your health information. You can even download your records to take with you to your next doctor’s appointment.

Would you like to view your test results or obtain a copy of your medical records? Save time by accessing important information in your online medical record.

### What is included in **My Health Records**?

**My Health Records** includes a summary view of clinical data from your hospital electronic medical record in the following areas:

#### Clinical Record Summary

View allergies, past immunizations, and any ongoing and resolved health issues.

#### Lab and Radiology Results

View recent lab or radiology results.

#### Medications

View a list of medications from your last hospitalization.

#### Documents

View your Patient Clinical Summary, including educational materials, discharge instructions, and a list of discharge prescriptions.

#### Copy of Records

View or download a summary of the most relevant data from your electronic medical records.

- ✓ The Health Record Summary provides a cumulative view of your electronic medical record.
- ✓ The Visit Care Summaries detail each visit.

#### Appointments

Schedule appointments for selected services or view upcoming appointments at San Antonio Regional Hospital or any of its satellite facilities.

### **NEW...Wellness Tools Available!**

**My Health Records** has a variety of health assessment tools, health trackers, and action plans to help you monitor your health and provide educational information. Tools included are:

- ➔ Blood Pressure Log
- ➔ Cholesterol Log
- ➔ Glucose Log
- ➔ Food Tracker
- ➔ Weight Tracker
- ➔ Steps Log

*If you are interested in connecting a custom health application using an Application Programming Interface (API), contact us at [MyAPI@sarh.org](mailto:MyAPI@sarh.org) to begin the process.*