



SAN ANTONIO REGIONAL HOSPITAL

2017 Cancer Report

PUBLIC REPORTING OF OUTCOMES
STANDARD 1.12 (YEAR 2016 DATA)



Comprehensive Cancer Program

MESSAGE FROM LEADERSHIP



On behalf of San Antonio Regional Hospital's Cancer Committee, it is with great pleasure that we present the 2017 Cancer Program Annual Report presenting 2016 outcomes and activities. In August 2016, we were surveyed by the American College of Surgeons Commission on Cancer and were awarded another three year accreditation as a Comprehensive Community Cancer Program. We look forward to our next scheduled survey in 2019.

The Commission on Cancer's accreditation standards are based on a patient-centered approach, which is at the forefront of San Antonio Regional Hospital's cancer care. Our multi-disciplinary team coordinates the best treatment options available to ensure the key elements of quality cancer care are provided to every cancer patient in our care. This includes their diagnosis and treatment process, as well as support services such as nurse navigation, psychosocial support, physical therapy, pain management, and palliative and hospice care.

As our region grows and cancer care continues to become more individualized and complex, San Antonio Regional Hospital is expanding to meet the challenge by offering our patients and their families the highest standards of treatment and state-of-the-art services close to home.

A new 60,000-square-foot, two-story cancer and outpatient care center is under construction on the hospital's main campus in Upland and is expected to open by Fall 2019. The new center is an important milestone in the hospital's history and is a significant element of our multifaceted partnership with City of Hope, a world-renowned independent research and treatment center for cancer, diabetes, and other life-threatening diseases.

The new center provides patients with expanded access to high-quality cancer care and innovative experimental treatment in the Inland Empire. Combining this world-class cancer care and research with San Antonio Regional Hospital's 112-year tradition of high-quality patient care has created a seamless continuum of leading edge cancer care for patients, close to home.

I extend my personal thanks to the cancer committee for their continued leadership, and our cancer care team for their unwavering commitment to our cancer patients. Our excellent physicians, certified oncology nurses, nurse navigators, highly trained diagnostic technologists, and other support staff dedicate themselves to providing high quality care with compassion. The growth and success of our Cancer Program is a direct result of the work performed by this outstanding and committed group of professionals.

Best regards,

A handwritten signature in black ink, appearing to read 'Ben Ebrahimi'.

Ben Ebrahimi, MD
Chairman, Cancer Committee
Cancer Liaison Physician

Cancer Program Leadership

Ben Ebrahimi, MD
Chairman, Cancer Committee
Cancer Liaison Physician
Assistant Clinical Professor,
Department of Medical Oncology and Therapeutics
Research

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Cancer Conference Coordinator
Radiation Oncology

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Inpatient Nurse Navigator

Leanne Deeds, RN
Director of Nursing
Oncology Nurse

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Assistant Director, Nutritional Services

Ken Saltgaver, PharmD
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Cancer Program Administrator
Vice President Clinical Services/Chief Nursing
Officer

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Cancer Registry CP3R Data Coordinator

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Vice President
Business Development and Community
Outreach

Jessica Chairez, MPH
Community Outreach Program Manager

Debbie Turner, MHA, CNMT, RT
Executive Director Imaging Services

Theresa Stringer
QC Coordinator, Radiology

Livia Vargas, RN, OCN
Breast Nurse Navigator

Jeff Fujimoto, PT, DPT, OCS
Director of Rehabilitation Services

Dr. Mario Lopez-Luna
Director of Quality Management

Jennifer Amlani, LCSW, MSW
Psychosocial Social Services Coordinator
Palliative Care Member
Social Services Manager

**“ Cancer can take away all of my physical abilities.
It cannot touch my mind, my heart, or my soul.
— Jim Valvano ”**

CANCER PROGRAM



“

Cancer may have started the fight, but I will finish it.

— [gotCancer.org](https://www.gotcancer.org)

”

PROGRAM OVERVIEW

Cancer Program Objective

The objective of San Antonio Regional Hospital's Cancer Program is to provide a multidisciplinary approach to give patients the best hope for cure and to offer a full continuum of coordinated cancer care services with a strong commitment to patient education and clinical research.

About Our Cancer Program

San Antonio Regional Hospital has maintained an accredited program with the Commission on Cancer (CoC) since July 1980. This is a voluntary commitment to ensure that our patients will have access to a full scope of services to diagnose, treat, rehabilitate, and support patients with cancer and their families.

The hospital's partnership with City of Hope has enhanced the oncology expertise and breadth of services we are able to bring to those in our community who are facing a cancer diagnosis.

What This Means to Our Patients and Community

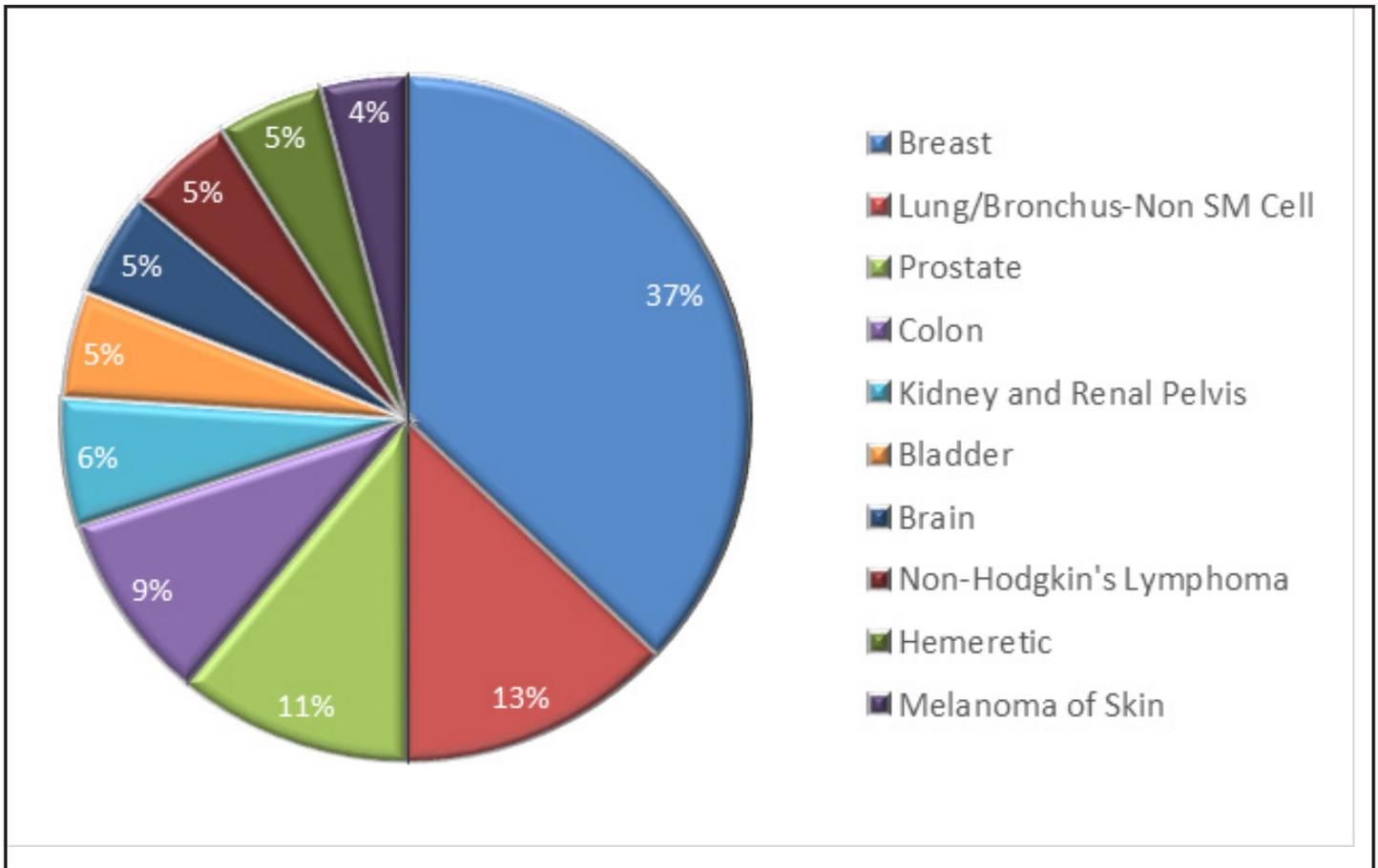
- World class care close to home
- Comprehensive care offering a range of state-of-the-art services and equipment
- A multidisciplinary team approach to coordinate the best cancer treatment options available
- Access to cancer-related information and education
- Access to patient-centered services such as psychosocial distress screening, nurse navigation, and palliative care services
- Options for genetic assessment and counseling
- Ongoing monitoring and improvement of care
- Assessment of treatment planning based on evidence-based national treatment guidelines
- Clinical trials and new treatment options
- Follow-up care at the completion of treatment, including a survivorship care plan
- A cancer registry that collects data on cancer type, stage, and treatment results, and offers lifelong patient follow-up



2016 Cancer Program Highlights

Measure	Goal	2013	2014	2015
HT - Tamoxifen or third generation aromatase inhibitor is recommended or administered within 1 year (365 days) of diagnosis for women with AJCC T1c or stage IB-III hormone receptor positive breast cancer (Accountability)	90%	88%	86%	90%
nBx - Image or palpation-guided needle biopsy to the primary site is performed to establish diagnosis of breast cancer (Quality Improvement)	80%	86%	96%	81%
RECRTCT - Preoperative chemo and radiation are administered for clinical AJCC T3N0, T4N0, or Stage III; or Postoperative chemo and radiation are administered within 180 days of diagnosis for clinical AJCC T1-2N0 with pathologic AJCC T3N0, T4N0, or Stage III; or treatment is recommended; for patients under the age of 80 receiving resection for rectal cancer (Quality Improvement)	85%	100%	100%	100%

2015 Top 10 Cancer Sites (Last Completed Year)



2015 Total Analytic Volume = 834

Diagnosed and/or Treated at San Antonio Regional Hospital

CANCER SERVICES & PATIENT SUPPORT

Being diagnosed with cancer is a difficult experience for patients and their loved ones. Having excellent cancer care nearby can be the first step in beating the disease. San Antonio Regional Hospital offers access to some of the most advanced and comprehensive cancer treatments in the Inland Empire.



“ When someone has cancer, the whole family and everyone who loves them does too. ”

— Terri Clark

CANCER SERVICES

Recognizing that every cancer diagnosis is unique, San Antonio Regional Hospital's team of experienced multi-disciplinary healthcare professionals is committed to providing patient-centered and individualized cancer treatment plans.

This multidisciplinary approach emphasizes treatment with a combination of therapies to give patients the best hope for a cure. We offer a full continuum of coordinated cancer care services with a strong commitment to patient education and clinical research.

San Antonio Regional Hospital and City of Hope offer the following comprehensive cancer services, including:

- Medical Oncology
- Surgical Oncology
- Radiation Oncology
- Chemotherapy
- Intensity Modulated Radiation Therapy (IMRT)
- Radioactive Seed Implantation
- Sentinel Node/Lymphatic Mapping
- Intravenous Therapy
- Stereotactic Biopsy
- Pheresis
- Pain Management
- Discharge Planning/Continuing Care
- Clinical Trials
- Physical Rehabilitation
- Patient and Community Education
- Health Screenings and Education
- Support Groups



Oncology Nursing

If hospitalization is needed, patients can conveniently access private accommodations on the oncology unit in San Antonio's new Vineyard Tower, where certified oncology nurses are dedicated to providing exceptional care with compassion. Oncology nursing care is provided by registered nurses with specialized knowledge in oncology care and treatment. Registered nurses providing oncology care are trained to administer chemotherapy through the Oncology Nursing Society (ONS) and/or are oncology certified nurses (OCN). Chemotherapy administration competencies are evaluated annually. Quarterly oncology education is provided to the oncology nursing staff based on annual needs assessments from staff and physician oncologists. All oncology policy and procedures that guide patient care are based on standards and guidelines of ONS and/or other recognized organizations.

Women's Breast & Imaging Center

This state-of-the-art facility will be relocated to the new cancer and outpatient care center (1100 Building) and provides a full range of women's diagnostic and support services in one convenient location. These services include 3D digital mammograms, ultrasound, breast MRI, stereotactic breast biopsies, bone density scans, breast health education, and patient navigation services.

The Women's Breast & Imaging Center (WBIC) is committed to the fight against breast cancer by helping women in the community stay healthy through regular mammogram screenings and diagnostic testing for early breast cancer detection. Early diagnosis and timely treatment are critical to achieve the best possible outcomes for breast cancer patients. Currently housed in the 901 building, WBIC will relocate to the new cancer and outpatient center across the street from the hospital when the 1100 building opens in 2019.

Designed by women for women, WBIC offers advanced breast imaging and minimally invasive diagnostic procedures in an atmosphere of comfort and support. The center's highly skilled imaging team includes specially training technologists operating state-of-the-art equipment, as well as board-certified radiologists specializing in breast cancer diagnosis. A dedicated breast nurse navigator is also on-site to provide education and answer questions, coordinate individualized follow-up care, and provide referrals to community resources. The nurse navigator also serves as the patient's advocate throughout the cancer journey.

Comprehensive services include:

- ◆ 3D digital mammography
- ◆ Breast Ultrasound
- ◆ Breast MRI
- ◆ Minimally invasive biopsy procedures using ultrasound or stereotactic guidance
- ◆ Support services and educational resources
- ◆ Patient navigation services



Nurse Navigation

The Oncology Nurse Navigator and Breast Nurse Navigator are integral to the cancer care team at San Antonio Regional Hospital. Our nurse navigators help facilitate streamlined care and provide access to information and resources one may need through treatment and recovery. The care team at San Antonio Regional Hospital understands that each patient has a specific set of circumstances, which is why our nurse navigators play an important role supporting patients during their cancer journey.

PATIENT SUPPORT

Rehabilitation Services

San Antonio Regional Hospital offers comprehensive rehabilitative services including inpatient and outpatient physical, speech, and occupational therapy.

Physical therapy helps cancer patients and their caregivers regain a sense of hope and control over their health by teaching proper and safe exercise to rebuild function, endurance, and muscle and bone strength. Maintaining strength during cancer treatment helps to prevent or decrease the risk of complications and enhance quality of life.

Pain Management

Patients with cancer may experience pain for a variety of reasons as a result of tumor growth, advanced cancer, or treatment side effects. At San Antonio Regional Hospital, we are dedicated to helping patients manage pain. For patients who experience persistent chronic pain, help is available from physicians who specialize in pain management. Because chronic pain is a complex problem, treatment plans are individualized. An accurate diagnosis of the cause and type of pain is key to finding the most effective treatment.

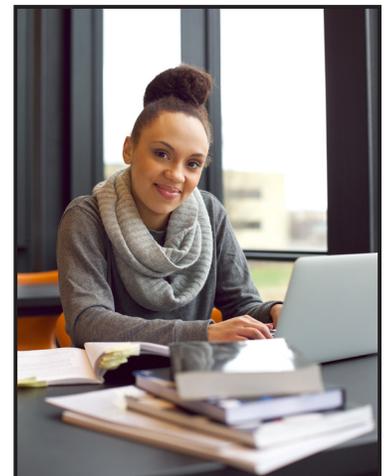


Nutritional Services

Nutrition plays an important role in good health, but it can be especially critical when it comes to cancer prevention and treatment. Being diagnosed with cancer is a difficult experience for patients and their loved ones. At San Antonio Regional Hospital, we recognize that such a diagnosis can make proper nutrition very difficult. San Antonio Regional Hospital's Nutritional Services team helps patients make informed decisions and answers questions about the role nutrition plays in a cancer treatment plan. Individual nutrition consultations are available with our registered dietitians.

Social Services

Social services play an important role in assisting cancer patients and their families through the variety of challenges faced when trying to understand and manage a cancer diagnosis. Using an individualized patient-centered approach, the social services team offers support during the many phases of a cancer journey, from initial diagnosis to treatment planning and execution, and from rehabilitation to survivorship. The social services team can also provide end of life services if needed. Social workers provide referrals to community resources, and patients and their families are encouraged to participate in the cancer classes and support groups held at the hospital. The social services team includes both licensed therapists and Masters-prepared social workers certified in oncology, which gives each member of the team the skill and competence to assist patients and families with their varied and complex needs.



Palliative Care

Palliative care is active, total care for people with advanced medical illness, especially chronic and progressive conditions. The primary goal of palliative care is to help patients and their families live as fully and comfortably as possible and to have the best possible quality of life by helping to relieve their suffering. Patients who are facing serious illness often have special needs. Specialists treat pain, symptoms, and stress that can occur when fighting serious illness. The palliative care team at San Antonio Regional Hospital consists of a specially trained team of doctors, nurses, social workers, and chaplains. Ongoing education, support, and consultation is provided to healthcare professionals, seriously ill patients, and their families to assure relief of suffering and to improve the quality of living and dying.

Community Outreach

In an effort to increase the health and wellness of the community, Community Outreach provides a comprehensive variety of health programs and services. Examples of community health improvement programs include health education seminars and screenings for breast, colon, and prostate cancer; health counseling and screenings at community centers; preventive services such as flu vaccines, diabetes education, and obesity management; and direct medical care for low income, uninsured and underinsured residents. The hospital conducts a comprehensive triennial community health needs assessment to further evaluate and prioritize community needs.



ADVANCED TECHNOLOGY

Medical technology is continually advancing and developing new innovations that improve the health and well-being of cancer patients. San Antonio Regional Hospital is committed to staying at the forefront of this quickly evolving technology.



“

Every day the power of modern medical technology is used to change lives.

— Unknown

”

ADVANCED TECHNOLOGY FOR DIAGNOSING AND TREATING CANCER

San Antonio Regional Hospital is committed to bringing cancer patients the latest technology for early diagnosis and successful treatment of their disease.

Diagnostic Imaging

San Antonio Regional Hospital was one of the first in the region to provide the latest technology in diagnostic radiology for a variety of health indications. This includes digital x-rays, an advanced 64-slice CT (Computerized Axial Tomography) scan and the latest in digital mammography.



3D Mammography

Our Women's Breast & Imaging Center features 3D digital mammography, which is an advanced type of imaging that uses a computer, rather than x-ray film, to record x-ray images of the breast. The 3D digital technology produces highly detailed breast images from different angles, allowing the radiologist to review and manipulate images of the breast for enhanced views.

1.5 Tesla Wide Bore and 3 Tesla MRI

MRI (Magnetic Resonance Imaging) technology is commonly used as a non-invasive medical test for diagnosing cancer and other medical conditions. San Antonio offers patients the latest 3Tesla standard bore and 1.5 Tesla Wide Bore MRI technology, which produce images with greater clarity and detail.



Endoscopic Services

The Endoscopic Services Department performs a vital function in the early detection and identification of diseases and abnormalities. The colon, esophagus, stomach, and gallbladder can all be examined and evaluated using a videoscope or tiny camera. These short and simple procedures can provide an early diagnosis, which helps to save lives.

Radiation Oncology

Radiation Oncology, also known as Radiation Therapy, is the medical specialty that treats cancer with radiation. It is administered in the form of gamma rays or x-rays designed to destroy cancer cells, while allowing the adjacent normal cells to repair themselves. Radiation is the preferred form of treatment for some types of cancer, and in other cases it is used in conjunction with surgery or chemotherapy.

Gamma Knife

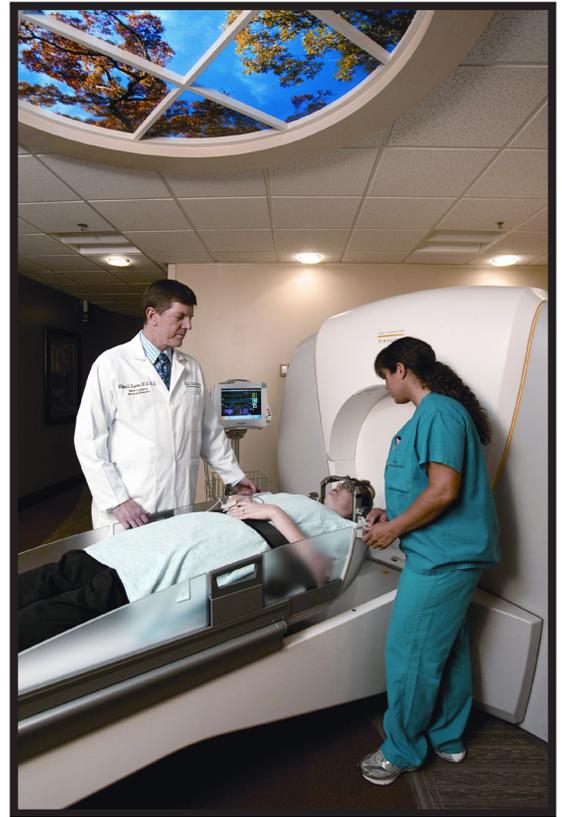
San Antonio Regional Hospital offers the only Gamma Knife radiosurgery system in the Inland Empire. The Gamma Knife is a revolutionary way of conducting noninvasive brain surgery. It is performed as an outpatient procedure with no incision, minimal discomfort, and a brief recovery. With unsurpassed and proven clinical outcomes, the Gamma Knife is the gold standard in cranial radiosurgery.

Nuclear Medicine

Nuclear Medicine is a medical specialty that uses safe, painless, and cost-effective techniques to diagnose, treat, manage, and prevent serious diseases. Nuclear Medicine imaging procedures often identify abnormalities early in the progression of a disease, long before some medical problems are apparent with other diagnostic tests. Early detection may allow for earlier treatment of the disease and increase the potential for a more successful outcome.

San Antonio Regional Hospital's nuclear medicine capabilities include a triple head whole body scanner, a triple head cardiac scanner, and a multi-purpose single head scanner. This equipment represents the latest technology for conducting planar and SPECT (single photon emission computerized tomography).

A positron emission tomography (PET) scan is also an important technology component in San Antonio's nuclear medicine capabilities. A PET/CT scan is a medical imaging technique that combines a positron-emission tomography scanner and a computed tomography (CT) scanner into a simple device. The PET scanner uses a small amount of a radioactive isotope to detect areas of activity (like cell growth) in the body, and the CT scanner provides precise anatomic localization of the activity on the combined images. PET/CT is most frequently used in the diagnosis and staging of cancer.



CANCER PREVENTION & SCREENING PROGRAMS

Commission on Cancer Standards

As part of the Commission on Cancer's (CoC) Cancer Program Standards: Ensuring Patient-Centered Care (2016 Edition), San Antonio Regional Hospital's cancer program must meet specified standards to earn and maintain CoC accreditation. Two of these standards are Standard 4.1 - Cancer Prevention and Standard 4.2 - Cancer Screening. The following pages detail the standards met and their accompanying outcomes.



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**The human spirit is stronger than anything
that can happen to it.**

— C.C. Scott

”

CANCER PREVENTION PROGRAMS

Standard 4.1: Each year, the cancer committee provides at least one (1) cancer prevention program that is targeted to meet the needs of the community and designed to reduce the incidence of a specific cancer type. The prevention program is consistent with evidence-based national guidelines for cancer prevention. The Cancer Committee selected breast cancer as the primary prevention focus for 2016.

Cancer Program Outcomes

For several years, San Antonio Regional Hospital has hosted an annual celebration for Breast Cancer Awareness Month with a special prevention program called Girls' Night Out. With the opening of the hospital's New Vineyard Tower in 2016, the breast cancer prevention activities typically included in the Girls' Night Out event were incorporated into the Vineyard Tower Health Fair event on Saturday, October 29, 2016. The event was held from 10 am to 4 pm and welcomed a total of 830 registered participants, with an overall attendance of approximately 3,000.

Join Us
for our **Open House** and a **Tour** of the
New Tower and Emergency Department.



Saturday, October 29, 2016
Open House & Tours: 10 AM – 4 PM
Health & Safety Fair: 10 AM – 2 PM

 **SAN ANTONIO
REGIONAL HOSPITAL**

**A Brand New Experience
in Patient Care Has Arrived.**

Join us as we unveil our beautiful new patient tower and state-of-the-art emergency department. Enjoy open house tours, a health and safety fair, and activities for the entire family. Come and see the future of patient care — at San Antonio Regional Hospital, where our life's legacy is your healthy future.

 **KOLA 99.9**
KOLA 99.9 will be
broadcasting live with
Cindy Davis from 10 AM – Noon

Open House and Tours: 10 AM – 4 PM
Tours offered on a first-come, first-served basis.

 **KFRG 95.1**
KFRG 95.1 will be broadcasting
live from 1 – 3 PM

Health and Safety Fair: 10 AM – 2 PM
Important health and safety information will be available, along with fun activities promoting a healthy lifestyle. Register by visiting SARH.org/OpenHouse. All registered participants will be entered for a chance to win great prizes.

Health Screenings
Free screenings will include cholesterol, blood sugar, body mass index, blood pressure, and more. Reserve your screening appointment by visiting SARH.org/OpenHouse.

Activities for All Ages
Children who wear their favorite super hero T-shirt or costume will be recognized as a Healthcare Super Hero and will be entered into a special prize drawing.

Special Guest Appearance: 10 AM
Luc Robitaille of the Los Angeles Kings

Meet the Reign's mascot Kingston and the Ice Crew who will be joining us for fun outdoor kids games.

999 San Bernardino Road, Upland CA 91784

SARH.org/OpenHouse

A multitude of educational booths were present such as the American Cancer Society, San Antonio Cancer Center, San Antonio Women's Breast and Imaging Center, American Lung Association, San Antonio Heart Center, American Heart Association, 4URHealth Wellness Program, Stroke, and Nutrition. The event was broadly publicized and open to the entire community. Like the Girls' Night Out event, targeted education presented during the Vineyard Tower Health Fair was directed toward breast cancer prevention, an identified community need

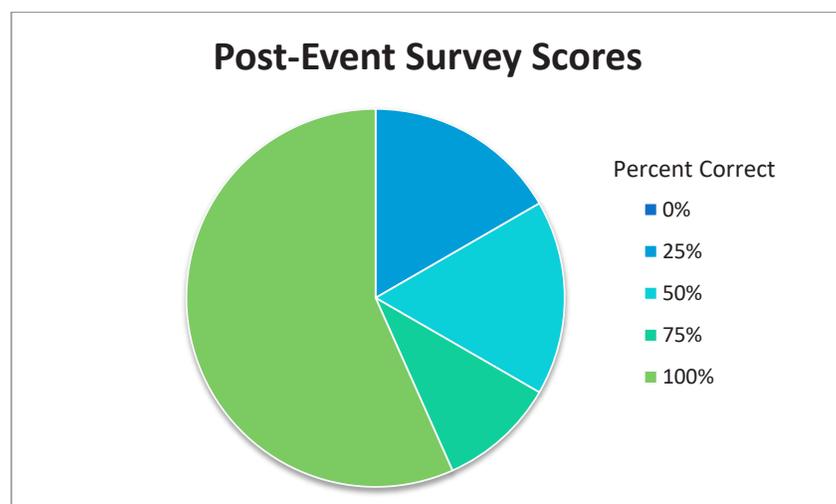
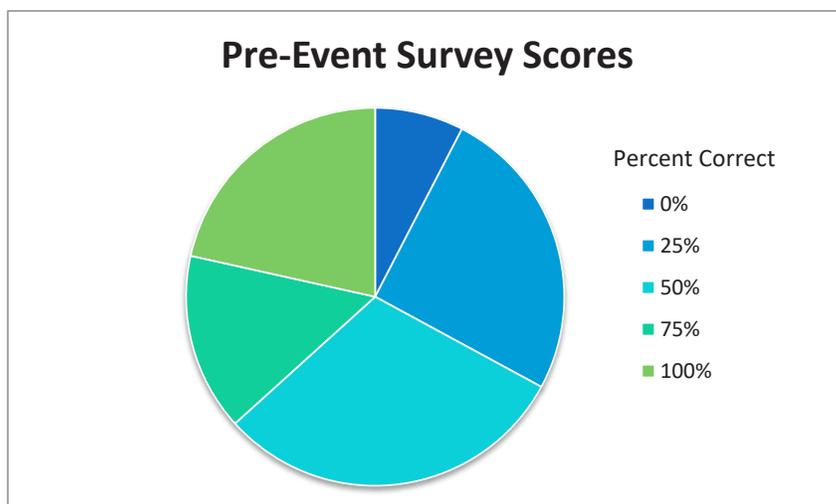
and one of the hospital's top five cancers. Consistent with ACS and NCCN guidelines, Risk Reduction Interventions- Lifestyle Modifications, the education provided addressed diet, body weight, exercise, health screenings, and smoking.

Attendees participated in interactive educational demonstrations designed to increase awareness of breast cancer prevention strategies. In addition, participants were able to gain a tactile understanding of the importance of breast self-examination by interacting with models designed to replicate breast cancer. Comprehensive screenings, including cholesterol, blood glucose, blood pressure, and BMI were also offered. The message of prevention was consistent with the information received at registration to the educational materials and posters displayed at various booths strategically placed throughout the health fair.

At registration, guests were chosen at random to participate in a pre-survey with questions to establish a baseline of health knowledge and behaviors as well as socioeconomic demographics. The surveys were designed with a reasoned action approach, relying on the theory of social exchange to encourage participation. Four different survey instruments were used and questions focused on smoking cessation, routine health screenings for age groups, body mass index correlation with cancer incidence, recommended amounts of exercise, and nutrition tips, such as the avoidance of red meat and food high in fat. The pre-surveys established a baseline of health knowledge related to cancer and cancer prevention. Survey participants were encouraged to complete a post-survey.

Those who completed both the pre-survey and post-survey were entered into a prize drawing to encourage participation. The post-survey included questions that identified knowledge gained from receiving education and participating in activities at the booths.

Participants were also encouraged to make a commitment to specific lifestyle changes in health, nutrition, and physical activity. In total, 79 pre-surveys were completed, with 60 participants completing the post-survey, representing approximately 10% of registered participants at the event. The results of the survey showed an overall 200% increase in knowledge related to important lifestyle changes that have a positive correlation to reducing breast cancer risk as the result of the health education provided at this event.



Barriers

Our efforts for effective change are measured by an increase in knowledge and a commitment to adopt healthier behaviors based on the information, educational materials, and services participants received during the Vineyard Tower Open House event. Although a larger number of pre and post-surveys were completed in 2016 when compared to 2015 and the overall increase in knowledge among participants was greater, the percentage of those in attendance at the event who participated in the surveys was lower. The influx of people arriving and being processed through the registration area created a challenge in distributing a larger number of surveys, particularly due to the explanation required with each survey.

Corrective Action or Recommendations

It is recommended that future surveys include a written explanation of the process for survey completion to permit a more rapid distribution of the surveys at registration.



CANCER SCREENING PROGRAM OUTCOMES

Standard 4.2: Each year, the cancer committee provides at least one (1) cancer screening program that is targeted to decreasing the number of patients with late-stage disease. The screening program is based on community needs and is consistent with evidence-based national guidelines and evidence-based interventions. A process is developed to follow up on all positive findings.

2016 Screening Program Outcomes

To complement the hospital's prevention program, a lower cost mammography program was implemented to address one of the hospital's top five late stage cancer diagnoses, breast cancer. This reduced \$49.95 pricing program was in effect from October 1 through December 31, 2016. During this period a total 23 patients redeemed the vouchers to receive a reduced-cost mammogram. The vouchers were distributed at the Vineyard Tower Open House event on October 29, 2016, at physician offices, and the hospital's imaging locations on the main campus and at its Rancho Cucamonga and Eastvale satellite locations.

The following were the results of the \$49.95 voucher screening program:

- ◆ BiRADs "0" Needs additional Imaging; 4 cases
 - 1 patient has not returned
- ◆ BiRADs "1" Negative; 8 cases
- ◆ BiRADs "2" Benign; 11 cases
- ◆ BiRADs "3" Short Term Follow Up ; 0 cases
- ◆ BiRADs "4" Suspicious Biopsy Requested 0 case
- ◆ BiRADs "5" Malignancy Biopsy Requested; 0 cases
- ◆ BiRADs "6" Proven malignancy, Patient undergoing treatment ; 0 cases

The hospital's Women's Breast & Imaging Center also offers \$100.00 mammography and/or ultrasound exams for the community on an ongoing basis. The total number of patients that benefited from this reduced pricing program is currently unknown as the Women's Breast & Imaging Center no longer maintains a ledger to track these patients.

**SAN ANTONIO REGIONAL HOSPITAL**

<input type="checkbox"/> Women's Breast & Imaging Center at San Antonio Regional Hospital 901 San Bernardino Road, 3rd Floor Upland California 91786 909.579.6700	<input type="checkbox"/> Rancho San Antonio Medical Plaza Radiology Department 7777 Milliken Avenue Rancho Cucamonga, California 91730 909.920.4726	<input type="checkbox"/> Eastvale San Antonio Medical Plaza 12442 Limonite Avenue Eastvale California 91786 909.393.3000
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Patient's Name _____ Date _____
DOB _____ Appointment Date: _____
Appointment Time: _____

\$49.95 MAMMOGRAM

expires 12.31.2016

Special Instructions:

- Do not use powder or deodorant on the day of your test.
- Bring previous mammograms/ultrasounds, if performed at another facility.

SCREENING MAMMOGRAM

Clinical History _____

Symptoms/Reason _____

Physician Signature _____ M.D./D.O.
(Physician Signature Required)

Follow-Up

Our breast oncology nurse navigator (ONN) will contact patients with abnormal findings ensuring that they receive appropriate follow-up including biopsy if necessary. If the biopsy is malignant, the ONN will provide a Personal Health Guide tailored to support specific needs and provide education to promote preparedness and guidance throughout treatment and survivorship

The screening program is consistent with NCCN guidelines.

Barriers

The number of patients utilizing the \$49.95 vouchers, as well as those accessing the hospital's \$100.00 mammogram and/or ultrasound exams, is continuing to decline. This is primarily due to the increase in the number of people insured as the result of the Medi-Cal expansion offered through Covered California, the state's health insurance exchange established under the Affordable Care Act. The number of Medi-Cal beneficiaries insured through the Inland Empire Health Plan (IEHP), the Medicaid managed care plan in our region, has grown to over 1.3 million covered lives

Corrective Action or Recommendations

Continuing to provide educational materials in physician offices and clinic locations, as well as capitalizing on other opportunities to market the program, may help to increase the number screening mammograms performed during the special promotion.

Additional Cancer Outreach Activities

In addition to the required screening and preventative programs, the hospital also participated in numerous health fairs, lectures, and special events. These activities enhance our prevention strategies with the intent to minimize the number of people diagnosed with various cancers. Through these activities we disseminate information about the importance of leading a healthy lifestyle through nutritious eating and regular exercise, as well as offering literature about important cancer screenings. The tables below highlight 2016 activities. The screening and prevention programs are consistent with nationally recognized organizations.

Additional Education, Prevention, and Screening Activities | 2016

Additional Screening Activities 2016	
Activity	Participants
\$49.95 Screening Mammogram	23
BUILD/KYN -- Sultana	118
BUILD/KYN -- De Anza	189
BUILD/KYN -- DAQ/Bon View	144
BUILD/KYN -- Ontario Health Center	138
HELP Upland Elementary	15
HELP Baldy View Elementary	8
Drive-Thru Shot Clinic	100
Total Participants	635
Screenings include: cholesterol, blood glucose, blood pressure, triglycerides, and BMI.	
Special Events Year 2016	
Activity	Participants
San Bernardino County Schools District Health Fair (February 6)	30
AHA Go Red for Women Luncheon	150
Westwind Community Center Health Fair	50
IEAHU Symposium	50
Eastvale Health & Wellness Symposium	50
City of LaVerne Health Fair	50
Upland Senior Health Fair	300
San Bernardino County Schools Health Fair (October 13)	150
Upland Fire Station 164 Community Health Fair	120
Ontario Senior Center Health Fair	100
Day of Dance	550
Health & Hot Rods -- Men's Health Month	165
Breast Cancer Awareness Café Event	250

Special Events | Year 2016 Continued

Activity	Participants
Drive-through Immunization Clinic (Fontana)	100
Vineyard Tower Open House/Health Fair	3,000
Total Participants	5,115

Educational booths include: American Cancer Society, San Antonio Career Center, San Antonio Women's Breast and Imaging Center, American Lung Association, and Nutrition. Screenings include: cholesterol, blood glucose, blood pressure, triglycerides, and BMI.

Health Lectures | 2016

Activity	Participants
Colorectal Cancer (Health & Hot Rods)	60
Colorectal Cancer (Community Lecture)	43
Prostate Cancer (Community Lecture)	102
Total Participants	205

About San Antonio Regional Hospital

San Antonio Regional Hospital in Upland, California is a 363-bed, nonprofit, acute care hospital that combines excellent clinical care with exceptional compassion. The award-winning hospital offers a comprehensive range of general medical and surgical services, along with the latest technological advances in cardiac care, cancer care, orthopedics, neurosciences, women's health, maternity and neonatal care, and emergency services. Since 1907, San Antonio Regional Hospital has emerged as a premier regional medical facility with satellite locations across the rapidly expanding Inland Empire. The opening of its new Vineyard Tower represents the culmination of a major expansion project that added a new 52-bed emergency department and a 92-bed patient tower comprised of 80 private rooms and 12 critical care beds on its main hospital campus. The expansion has positioned San Antonio as a hospital of the future, offering state-of-the-art healthcare services in a healing environment that is focused on the patient and family. To learn more, visit SARH.org.



SAN ANTONIO
REGIONAL HOSPITAL
